

# CURRICULUM INSIGHT

## Nursery – November and December 2017

### **Theme for the month: Growing Healthy - Fruits**

Through this unit your child will get a first-hand experience by touching, feeling and tasting a number of seasonal fruits. He/She will also learn about the various preparations made from fruits. We will also explain the health benefits of fruits to your child and need your co-operation to instill good eating habits in them.

**Methodology:** Effective usage of Audio Visual learning, technology, art and craft and role plays.

### **Language:**

Vocabulary will be enhanced through the introduction of letters 'Pp', 'Qq', 'Rr', and sight words related to the theme. Along with these, various activities like show and tell, picture talk, rhymes and stories will be done regularly.

### **Life Skills :**

**Growing Healthy:** This month, the child will learn the importance of eating clean and healthy food and staying fit.

### **Numeracy:**

There will be a progression in numerals, concepts of colours and shapes.

### **Dates to Remember:**

Date	Activity / Event	Particulars
08/12/17	Orange Day Celebration	Students to wear orange coloured clothes and carry a well labelled orange object for the show and tell activity.
12/12/17	Fruit fun Day	Students to bring any one fruit.

A soft copy of the Rhymes for the month will be mailed to you.

### **At Home You Can:**

Explore books related to the theme. By reading story books and making your home a print rich space, you will improve your child's ability to master learning effectively.

Do make your child share his/her reflections of the stories read. This will develop thinking, reasoning as well as aid in confidence building. Please encourage him/her, for every effort made: he/she will do better in a motivating and positive environment. To enhance your child's learning experience, you could take the child to the market place and grocery stores. Make fruits an enjoyable part of your child's diet

### **Web resource links that can help you in your venture include:**

[Basic Food and Drinks](#)

[Table manners](#)

[Fruits and Vegetables](#)

Looking forward to an eventful month of learning and celebrations.