

# CURRICULUM INSIGHT

## Playgroup – November and December 2017

### **Theme for the month: Growing Healthy (Fruits)**

Fruits can be an enjoyable part of your child's diet. Fruits contain essential nutrients that are important for a child's health, growth and development. Thus, through this unit, your child will get to learn about a variety of fruits and different food items that are essential for their growth.

**Methodology:** Effective usage of Audio Visual learning, technology, art and craft and role plays.

### **Language:**

Vocabulary will be enhanced through the introduction of letters 'Pp', 'Qq', 'Rr', 'Ss' and picture vocabulary related to the theme. Along with these, various activities like book browsing, picture talk, rhymes and stories will be done on a regular basis.

### **Life Skills :**

**Growing Healthy:** This month, the children will learn the importance of eating clean and healthy food and staying fit.

### **Numeracy:**

There will be a progression in numerals, concepts of colours and shapes.

### **Dates to Remember:**

Date	Activity/ Event	Particulars
24/11/2017	Fruit Scrap book	Students to bring small pictures of any eight different fruits in a labelled zip lock bag.

A soft copy of the Rhymes for the month will be mailed to you.

### **At Home You Can:**

Explore books related to the theme. By reading story books and making your home a print rich space, you will improve your child's ability to master new learning.

Do make your child share his/her reflections of the stories read. This will develop thinking, reasoning as well as aid in confidence building. Please encourage him/her for every effort made: he/she will do better in a motivating and positive environment.

To enhance your child's learning experience, you could take the child to the market place and grocery stores. The best way to inculcate a healthy eating habit is to enjoy fruits and vegetables as a part of daily family diet.

### **Web resource links that can help you in your venture include:**

[Fruits](#)

[Let's learn about Fruits](#)

Looking forward to an eventful month of learning and celebrations.